

Hands & Feet

All manicures and pedicures include nail and cuticle tidy, hand and arm or foot and leg massage.

File & Polish	£12
Manicure	£20
Pedicure	£24

- Chip-free, extended wear colour.
- High shine with zero dry-time.

Gelish manicure	£20
Gelish pedicure	£24

Waxing

Using Tea-Tree products which will soothe and soften the skin helping to prevent ingrowing hairs.

Half leg	£16
Full leg	£22
Full leg & bikini	£27
Half leg, under-arm and bikini	£35
Bikini	£14
Brazilian	£24
Hollywood	£29
Underarm	£12
Forearm	£12
Full arm	£16
Lip	£9
Lip & chin	£12
Chest or back	£18

Electrolysis

Using 'blend' electrolysis – this combines the traditional method of electrolysis with Diathermy Electrolysis to give a thorough and more effective treatment.

10 min	£10
15 min	£13
30 min	£18

Eyes

If you're having tinting for the first time, you will need to have a patch test 48 hours prior to the tint.

Eyebrow shape	£10
Eyelash tint	£12
Eyelash & eyebrow tint	£18
Eyelash perm	£27
Eye perm & tint	£34

Hopi Candles

This pleasant and non-intrusive treatment of the ears offers calming benefits from many problems associated with the ear, nose and throat. This deeply relaxing and soothing treatment can help with headaches, compacted ear wax, tinnitus, anxiety, balance problems, snoring, colds and more.

¾hr	£27
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Massage

De-stress or de-toxify with either:

Full body (1hr)	£34
Back, neck & shoulder (½hr)	£24

Using aromatherapy oils blended specifically for your massage this treatment takes account of the mind, body and spirit, and can help with a wide variety of ailments.

Full body (1¼hrs)	£41
Back, neck & shoulder (¾hr)	£29

A relaxing and de-stressing massage to the upper back, scalp and face which provide relief from aches and pains, headaches and migraines.

Indian head massage (¾hr)	£29
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Hot Stones

A deep tissue massage using soothing oils and warm basalt stones to relax aching muscles, increase lymph and flush out waste.

Back, neck & shoulder (¾hr)	£32
Full body (1¼hrs)	£44

The Facial Treatment

Based on your consultation, Amy will customise The Facial Treatment using Neal's Yard Remedies products with the following:

- Double Cleansing
- Pressure Point Face Therapy
- Scalp & Neck Therapy
- Hand & Arm Massage

The Facial Treatment (½hr)	£27
The Facial Treatment (¾hr)	£32
The Facial Treatment (1hr)	£37

Galvanic Spa

Revives and invigorates your skin, smooths lines and wrinkles, lifts and firms the look of your skin.

¾hr	£40
Course of 10	£350
1¼hr	£50

For appointments and further information please contact:

Amy Lawrence

BTEC National Diploma in Beauty Therapy
Aromatherapy Diploma.
ITEC Diploma in Indian Head Massage.
Amy qualified in Beauty Therapy in 1997 and then went on to train in Aromatherapy in 1998 and Indian Head Massage in 2003.

For a professional treatment in a relaxed and tranquil environment call:

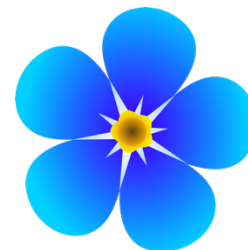
07875 738 855
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www.forget-me-notbeauty.co.uk

Located at:
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Cleeve Road
Gotherington
GL52 9EW

Please note I'm only able to accept cash or cheques.

Neal's Yard Remedy stocklist

PRICE LIST



forget-me-not
beauty

For professional treatments in a relaxed friendly environment

07875 738 855
amy@forget-me-notbeauty.co.uk
www.forget-me-notbeauty.co.uk